



Photo: Stefano Gerardi

Cyprus is a paradise for those who love nature and walking. The Cyprus Tourism Organisation and the Forestry Department are organising the Walking Festival 2017 and invite you to explore the nature trails of Cyprus.

From the enchanting coastline to the pine clad mountain peaks, these walking excursions will delight you. The beautiful nature of Cyprus in spring will revitalise and relax you.

The guides who will accompany the participants will help you become (re)acquainted with the island's rich flora and fauna and its unique geology.

Wear comfortable footwear suitable for walking on rough terrain and enjoy this unique experience.

**Note:** Because the degree of difficulty of the trails “Adonis”, combination of the trails “Doxasi o Theos – Moutti tis Choras” and “Moutti its Choras-Selladi tou Karamanli”, “Mnimata Piskopon” and “Psilodendro –Pouziaris” is 3, walkers must be in good health and physically fit.

### LEMESOS DISTRICT:

Combination of 2 trails with a linear route:

#### “Episkopis and Apollo Hylates”

**Degree of difficulty:** 1

**Length: linear** 5.4 kilometres

**Starting point:** 700 metres west of Episkopi Gymnasium.

The path goes near the early Christian Basilica outside the walls of Kourion archaeological site and through the ancient Stadium and ends across from the archaeological site of the Sanctuary of Apollo Hylates.

**Duration:** 3 hours

**Date of walk:** From Lemesos, Lefkosia and Pafos:

**Wednesday 15 and Sunday 19 March, 2017**

### AMMOCHOSTOS DISTRICT – CAPE GKREKO:

Combination of 3 trails with a circular route: “Aphrodite”

#### “Sea Caves – Agioi Anargyroi” – “Konnoi”

**Degree of difficulty:** 1

**Length: circular** 5.3 kilometres

**Starting point:** Cape Gkreko Environmental Information Centre.

Goes along the Cape Gkreko National Park with rich vegetation and a magnificent view.

**Duration:** 2.5 hours

**Date of walk:** From Agia Napa, Lemesos and Larnaka:

**Wednesday 22 and Sunday 26 March, 2017**



Photo: CTO Archive

### PAFOS DISTRICT – AKAMAS:

“Adonis” trail

**Degree of difficulty:** 3 (steep uphill and downhill)

**Length: circular** 7.5 kilometres

**Starting point:** 400 metres before the Baths of Aphrodite, on the main Latchi-Aphrodite Baths road

**Duration:** 4 hours

**Date of walk:** From Pafos and Lemesos:

**Wednesday 29 March and Sunday 2 April 2017**



Photo: G. Bertolucci

### LEFKOSIA DISTRICT:

“Fikardou – Archontides restaurant” trail

**Degree of difficulty:** 2

**Length: linear** 5 kilometres

**Starting point:** Church of Fikardou village. Follows the ridge, offering a magnificent view of the surrounding area and of Lefkosia.

**Duration:** 2.5 hours

**Date of walk:** From Lefkosia and Larnaka:

**Wednesday 5 and Sunday 9 April 2017**

### TROODOS MOUNTAINRANGE:

Trails “Ta Loutra tis Rigenas ke to chlio – Neromylos Kykkou” (The Queen’s Baths and Chlio (lukewarm water) – Kykkos Watermill)

**Degree of difficulty:** 1

**Length of trail “Ta Loutra tis Rigenas ke to chlio”:**

**linear** 3 kilometres

**Length of trail “Neromylos Kykkou”:** **circular** 1,750 metres

**Starting point of trail “Ta Loutra tis Rigenas ke to chlio”:**

400 metres south of the village of Moutoullas, on the main Pedoulas-Moutoullas road. Runs parallel to the Setrachos riverbed (Marathasa valley) with very rich riverside vegetation and continues via Moutoullas.

**Starting point of trail “Neromylos Kykkou”:** In the village of Kalopanagiotis, 150 metres south east of the main Pedoulas-Kalopanagiotis road. Runs parallel to the Setrachos riverbed (Marathasa valley) with very rich riverside vegetation, past Kykkos Watermill, the sulphur springs, the mediaeval bridge and the Monastery of Agios Ioannis Lampadistis (UNESCO World Heritage site).

**Total duration:** 3.5 hours

**Date of walk:** From Lefkosia and Lemesos:

**Wednesday 19 and Sunday 23 April 2017**

**Note:** There will be a bus to take hikers from the end of the first trail to the starting point of the second trail.



Photo: Lorenzetto



Photo: Andreas Constantinou

### “Kionia – Drys” trail

**Degree of difficulty:** 2

**Length:** **linear** 3.5 kilometres

**Starting point:** Road towards fire lookout station at Kionia peak. Offers a panoramic view of the areas east, north and west of Kionia. Ends close to Macheras Monastery, at Drys.

**Duration:** 2 hours

**Date of walk:** From Lefkosia, Larnaka and Lemesos:

**Wednesday 26 and Sunday 30 April 2017**

### “Mnimata Piskopon” trail

**Degree of difficulty:** 3 (steep downhill)

**Length:** **linear** 8 kilometres

**Starting point:** “Kampos tou Livadiou” picnic site. The first 1 kilometre is part of the “Kampos tou Livadiou” trail, as far as a crossroad with a wooden signpost reading towards “Mnimata Piskopon”. The trail then follows a northeast course. From “Mnimata Piskopon” location it follows the course of the European E4 trail and ends at Platania Fire Station.

**Duration:** 4 hours

**Date of walk:** From Lefkosia and Lemesos:

**Wednesday 3 and Sunday 7 May 2017**

Combination of 2 trails on a linear course:

### “Doxasi o Theos – Moutti tis Choras” and “Moutti tis Choras – Selladi to Karamanli”

**Degree of difficulty:** 3 (steep uphill and downhill)

**Length:** **linear** 5.6 kilometres

**Starting point:** At “Doxasi o Theos” location, at a distance of 2 kilometres from Kyperounta and 5 kilometres from Spilia, on the Kyperounta – Spilia asphalt road. Ends on the Spilia – Saranti dirt track, 1 kilometre west of Saranti village.

**Duration:** 3 hours

**Date of walk:** From Lefkosia and Lemesos:

**Wednesday 10 and Sunday 14 May 2017**

### “Psilo Dendro – Pouziaris” trail

**Degree of difficulty:** 3 (steep uphill and downhill)

**Length:** **circular** 9 kilometres

**Starting point:** Near Psilo Dendro in Pano Platres.

The first kilometre passes through dense thickets of pine (Pinus brutia) while at the third kilometre, at its highest point, passes thick and impressive black pine forest (Pinus nigra subsp. pallasiana). Offers panoramic views at its highest points.

**Duration:** 4.5 hours

**Date of walk:** From Lefkosia, Lemesos and Pafos:

**Wednesday 17 and Sunday 21 May 2017**



“Livadi” trail only for people in wheelchairs

**Degree of difficulty:** 1

**Length:** **circular** 1.5 kilometres

**Starting point:** About 300 metres north of Kampos tou Livadiou picnic site, on a narrow paved road. Trail passes through thick black pine forest (Pinus nigra subsp. pallasiana) with panoramic views of Solea Valley.

**Duration:** 1.5 hours

**Date of walk:** From Lemesos: Sunday 14 May 2017

From Lefkosia: Sunday 21 May 2017

**Note:** All participants in wheelchairs must be **accompanied**.

### EXPLANATIONS

**Circular:** a circular route, where the walker ends up at the starting point.

**Linear:** a linear route, meaning that on reaching the end, the walker must return on the same route.

**Degree of difficulty:** scale from 1 (the easiest) to 3 (the most difficult)

**Degree of difficulty: 1**  
Easy path, with a gentle gradient. Suitable for all ages and for all levels of physical fitness.

**Degree of difficulty: 2**  
Moderate degree of difficulty, suitable for adults with a moderate to good state of physical fitness. Sudden change in gradient (uphill and/or downhill) and/or course on narrow or rough terrain.

**Degree of difficulty: 3**  
Path of high degree of difficulty because of route with difficult terrain, such as particularly sudden changes in gradient (uphill and/or downhill), course on very rough and/or slippery and/or steep terrain.

**Useful advice:**  
Wear a hat, sunglasses and sun-screen. Excursions do not include meals, so make arrangements for water and food. Respect the natural environment.

**Reservations and Bus Transfers**  
Reservations are obligatory. One bus will be made available for each excursion, and places will be reserved strictly on a first come first served basis. Minimum number of participants per trail: 10 persons. Maximum numbers: 30 persons.

### Lefkosia (Nicosia) District

Meeting point: Cyprus Handicrafts Centre (Athalassas Avenue)  
Address: 186 Athalassa Str.  
Meeting time: 9.00 am  
Reservations: Tel +357 25362756

### Pafos (Paphos) District

Meeting point: CTO Information Office, Kato Pafos  
Address: 63A Poseidonos Str.  
Meeting time: 9.00 am  
Reservations: Tel +357 26930521

### Ammochostos (Famagusta) District

Meeting point: CTO Information Office, Agia Napa  
Address: 12 Kryou Nerou Str.  
Meeting time: 9.00 am  
Reservations: Tel +357 23721796

### Larnaka District

Meeting point: CTO Information Office, Larnaka  
Address: Vasileos Pavlou Square  
Meeting time: 9.00 am  
Reservations: Tel +357 24654322

### Lemesos (Limassol) District

Meeting point: CTO Information Office Germasogeia, Lemesos  
Address: 22 Georgiou A' Str.  
Meeting time: 9.00 am  
Reservations: Tel +357 25323211

### Troodos Mountains

Meeting point: CTO Information Office Germasogeia, Lemesos  
Address: 22 Georgiou A' Str.  
Meeting time: 9.00 am  
Reservations: Tel +357 25323211



**CYPRUS TOURISM ORGANISATION**  
www.visitcyprus.com



**CYPRUS FORESTRY DEPARTMENT**  
www.moa.gov.cy/forest

The CTO retains the right to change and/or cancel the walks and bears no responsibility for any accidents.

Cover Page Photo:  
*Tragopogon sinuatus*  
G. Bertolucci



# WALKING FESTIVAL 2017

15 March - 21 May 2017

