

TROODOS MOUNTAIN RANGE

Madari
"Teisia tis Madaris" trail

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Degree of difficulty: 2

Length: circular 3 kilometres

Starting point: Close to the fire brigade of Madari near the ending point of Doxasi o Theos – Madari trail. Access to the starting point for vehicles can be found from the Chandria-Polystipos road with direction towards the mountain top Adelfoi which is 3km away. The route is very interesting due to the very high and impressive rocks that resemble walls, which is one of the most important elements of our natural heritage. From the brigade of Madari there is panoramic view towards all the point of the horizon.

Duration: 1.5 hours

Date of walk: From Lefkosa, Lanraka, Lemesos and Troodos square:

Wednesday 17 April and Sunday 21 April 2019

Troodos
"Atalanti" trail

Degree of difficulty: 2

Length of trail: circular 14 kilometres

Starting point: Troodos Square.

The trail follows a route around Chionistra through thick clusters of pine trees and Aoratou of Troodos. Three kilometres from the starting point there is a faucet with potable water.

The trail offers extraordinary view of the Lefkosa, Lemesos and Pafos villages.

Total duration: 5 hours

Date of walk: From Lefkosa, Larnaka, Lemesos and Troodos square:

Wednesday 08 May and Sunday 12 May 2019

EXPLANATIONS

Circular: a circular route, where the walker ends up at the starting point.

Linear: a linear route, meaning that on reaching the end, the walker must return on the same route.

Degree of difficulty: scale from 1 (the easiest) to 3 (the most difficult)

Degree of difficulty: 1
Easy path, with a gentle gradient. Suitable for all ages and for all levels of physical fitness.

Degree of difficulty: 2
Moderate degree of difficulty, suitable for adults with a moderate to good state of physical fitness. Sudden change in gradient (uphill and/or downhill) and/or course on narrow or rough terrain.

Degree of difficulty: 3
Path of high degree of difficulty because of route with difficult terrain, such as particularly sudden changes in gradient (uphill and/or downhill), course on very rough and/or slippery and/or steep terrain

USEFUL ADVICE

Walkers must be in good health and physically fit. Wear comfortable athletic footwear, a hat, sunglasses and sunscreen. Excursions do not include meals, so make arrangements for water and food. Respect the natural environment.

Minimum number of participants per trail: 10 persons.

Maximum numbers: 30 persons.

Children under 12 years old, are NOT allowed to participate

RESERVATIONS AND BUS TRANSFERS

Reservations are obligatory (one trail each time).

One bus will be made available for each excursion, and places will be reserved strictly on a first come first served basis.

Lefkosa (Nicosia) District

Meeting point: Cyprus Handicrafts Centre (Athalassas Avenue) Address: 186 Athalassa Str.
Meeting time: 9.00 am
Reservations: Tel +357 22674264

Pafos (Paphos) District

Meeting point: Deputy Ministry of Tourism Information Office, Kato Pafos
Address: 63A Poseidonos Str.
Meeting time: 9.00 am
Reservations: Tel +357 26930521

Ammochostos (Famagusta) District

Meeting point: Deputy Ministry of Tourism Information Office, Agia Napa
Address: 12 Kryou Nerou Str.
Meeting time: 9.00 am
Reservations: Tel +357 23721796

Larnaka District

Meeting point: Deputy Ministry of Tourism Information Office, Larnaka
Address: Vasileos Pavlou Square
Meeting time: 9.00 am
Reservations: Tel +357 24654322

Lemesos (Limassol) District

Meeting point: Deputy Ministry of Tourism Information Office Germasogeia, Lemesos
Address: 22 Georgiou A' Str.
Meeting time: 9.00 am
Reservations: Tel +357 25323211

Troodos Mountains

Meeting point: Troodos square - parking area
Meeting time: 10.00 am
Reservations: Tel +357 25323211



The Deputy Ministry of Tourism retains the right to change and/or cancel the walks and bears no responsibility for any accidents

CYPRUS FORESTRY DEPARTMENT
www.moa.gov.cy/forest

Photographs:
Forestry Department
Cover Page Photo:
Stefano Gerardi



WALKING FESTIVAL 2019

27 February -
12 May





Arthur Wieffering

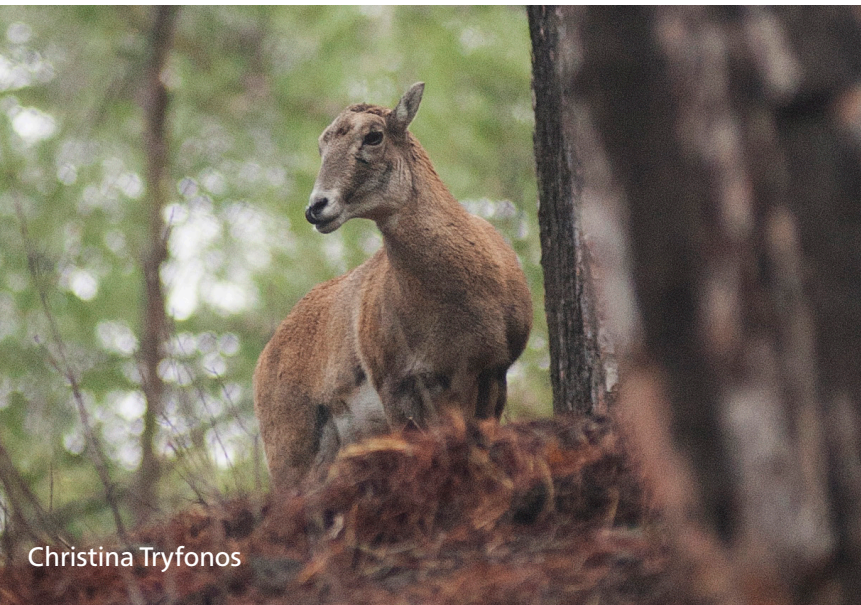
Cyprus is a paradise for those who love nature and walking. The Deputy Ministry of Tourism, in collaboration with the Forestry Department, is organising the Walking Festival 2019 and invite you to explore the nature trails of Cyprus.

From the enchanting coastline to the pine clad mountain peaks, these walking excursions will delight you. The beautiful nature of Cyprus in spring will revitalise and relax you.

The guides who will accompany the participants will help you become acquainted with the island's rich flora and fauna and its unique geology.

Wear comfortable athletic footwear suitable for walking on rough terrain and enjoy this unique experience.

Note: Because the degree of difficulty of most of the trails (2 or 3), **walkers must be in good health and physically fit.**



Christina Tryfonos

AMMOCHOSTOS DISTRICT – CAPE GKREKO

“Konnoi - Agioi Anargyroi – Cape Gkreko Environmental Information and Education Centre” trail

Degree of difficulty: 1

Length: circular 4.8 kilometres
Starting point: Environmental Information and Education Centre at Cape Gkreko.
 The trail follows a parallel course to the coastline through bushy vegetation, passing from the Agioi Anargyroi church, the Kamara tou Koraka (Love Bridge) bridge and the the Environmental Information and Education Centre at Cape Gkreko.

Duration: 2 hours
Date of walk: From Agia Napa, Lemesos, Larnaka and Lefkosia:
Wednesday 27February and Sunday 03 March 2019

PAFOS DISTRICT – AKAMAS

“Pissouromoutti” trail

Degree of difficulty: 2

Length: circular 3 kilometres
Starting point: Picnic site “Smigies”.
 Road of Neo Chorio towards the Akamas Peninsula National Park. Uphill trail until the top of the mountain “Pissouromoutti”. It follows a downhill route, circularly around the hill. Throughout the trail you can find extraordinary viewpoints of all the point of the horizon.

Duration: 2 hours
Date of walk: From Pafos, Lemesos and Lefkosia:
Wednesday 13 March and Sunday 17 March



LEFKOSIA DISTRICT – MACHAIRAS

“Kakokefalos – Mantra tou Kampiou” trail

Degree of difficulty: 3 (steep downhills)

Length: linear 5.5 kilometres
Starting point: “Kakokefalos” place on the road towards the picnic site of Kionia and Machairas Monastery. The trail ends at the “Mantra tou Kampiou” picnic site.
 Downhill route with extraordinary view of areas and villages in the Lefkosia district. It passes through the restored house of the forester of Machairas forest.
Duration: 2 - 2.5 hours
Date of walk: From Lemesos, Larnaka, Lefkosia and Pafos:
Wednesday 20 March and Sunday 24 March

LEMESOS DISTRICT – Troodos

“Trooditissa Monastery - Foini” trail

Degree of difficulty: 2 (downhills)

Length: linear 4.5 kilometres
Starting point: On the Platres – Prodromos road, 400 metres from Trooditissa Monastery.
 The trail passed through clusters of pine trees that dominate the area along with the endogenous Latzia. An important attraction en route is the Chantara Waterfall.
Duration: 2 hours
Date of walk: From Lemesos, Lefkosia, Pafos and Agia Napa:
Wednesday 03 April and Sunday 07 April 2019

