## **Troodos Mountain range**

## "Kato Amiantos - Loumata ton Aeton" trail

Degree of difficulty: 2,5 **Length:** circular 5 kilometers Starting point: The main road between Kato Amiantos village and SEK Trade Union camping site. The trail runs through a beautiful hillside along the riverbank with lush vegetation **Duration:** 2.5 hours Date of walk: From Lefkosia, Larnaka and Lemesos: Sunday 22 April and Sunday 29 April 2018



Degree of difficulty: 1 **Length:** circular 1.5 kilometres Starting point: About 300 metres north of Kampos tou Livadiou picnic site, on a narrow paved road. Trail passes through thick black pine forest (Pinus nigra subsp. pallasiana) with panoramic views of Solea Valley. **Duration:** 1,5 hours Date of walk: From Lemesos: Sunday 06 May 2018 From Lefkosia: Sunday 13 Mgy 2018 Note: All participants must be accompanied.



## **EXPLANATIONS**

**Circular:** a circular route, where the walker ends up at the starting point.

**Linear:** a linear route, meaning that on reaching the end, the walker must return on the same route.

Degree of difficulty: scale from 1 (the easiest) to 3 (the most difficult)

**Degree of difficulty 1:** Easy path, with a gentle gradient. Suitable for all ages and for all levels of physical fitness.

**Degree of difficulty 2:** Moderate degree of difficulty, suitable for adults with a moderate to good state of physical fitness. Sudden change in gradient (uphill and/or downhill) and/or course on narrow or rough terrain.

#### Useful advice:

Wear a hat, sunglasses and sun-screen. Excursions do not include meals, so make arrangements for water and food.

Respect the natural environment.

Minimum number of participants per trail: 10 persons. Maximum numbers: 30 persons.

Reservation: one trail each time

**RESERVATIONS AND BUS TRANSFERS** 

Reservations are obligatory. One bus will be made available for each excursion, and places will be reserved strictly on a first come first served basis.

Lefkosia (Nicosia) District Meeting point: Cyprus Handicrafts Centre (Athalassas Avenue) Address: 186 Athalassa Str. Meeting time: 9.00 am Reservations: Tel +357 22674264

Pafos (Paphos) District Meeting point: CTO Information Office, Kato Pafos Address: 63A Poseidonos Str. Meeting time: 9.00 am Reservations: Tel +357 26930521

**Ammochostos (Famagusta)District** Meeting point: CTO Information Office, Agia Napa Address: 12 Kryou Nerou Str. Meeting time: 9.00 am Reservations: Tel +357 23721796

Larnaka District Meeting point: CTO Information Office, Larnaka Address: Vasileos Pavlou Square Meeting time: 9.00 am Reservations: Tel +357 24654322

Lemesos (Limassol) District Meeting point: CTO Information Office Germasogeia, Lemesos Address: 22 Georgiou A' Str. Meeting time: 9.00 am Reservations: Tel +357 25323211

**Troodos Mountains** Meeting point: CTO Information Office Germasogeia, Lemesos Address: 22 Georgiou A' Str. Meeting time: 9.00 am Reservations: Tel +357 25323211



**CYPRUS TOURISM ORGANISATION** www.visitcvprus.com

the right to change and/or cancel the

The CTO retains

walks and bears

no responsibility

for any accidents

CYPRUS FORESTRY DEPARTMENT www.moa.gov.cv/forest

Cover Page Photo: Bertolucci



# WALKING **FESTIVAL** 2018 04 March - 13 May 2018





Cyprus is a paradise for those who love nature and walking. The Cyprus Tourism Organisation and the Forestry Department are organising the Walking Festival 2018 and invite you to explore the nature trails of Cyprus.

From the enchanting coastline to the pine clad mountain peaks, these walking excursions will delight you. The beautiful nature of Cyprus in spring will revitalise and relax you.

The guides who will accompany the participants will help you become (re)acquainted with the island's rich flora and fauna and its unique geology.

Wear comfortable footwear suitable for walking on rough terrain and enjoy this unique experience.

## Ammochostos District – Cape Gkreko

Combination of 3 trails with a circular route: "Aphrodite" "Sea Caves – Agioi Anargyroi" – "Konnoi"

Degree of difficulty: 1 Length: circular 5.3 kilometers Starting point: Cape Gkreko Environmental Information Centre. Goes along the Cape Gkreko National Park with rich vegetation and a magnificent view. Duration: 2,5 hours Date of walk: From Agia Napa, Lemesos and Larnaka: Sunday 04 March and Wednesday 07 March 2018

## Lemesos District

Combination of 2 trails with a linear route: "Episkopis and Apollo Hylates"

## Degree of difficulty: 1

Length: linear 5.4 kilometers

Starting point: 700 metres west of Episkopi Gymnasium. The path goes near the early Christian Basilica outside the walls of Kourion archaeological site and through the ancient Stadium and ends across from the archaeological site of the Sanctuary of Apollo Hylates. Duration: 3 hours Date of walk: From Lemesos, Lefkosia and Pafos: Sunday 11 March and Wodposday 14 March 2018

Sunday 11 March and Wednesday 14 March 2018



## Pafos District - Akamas

#### "Smigies" trail

Degree of difficulty: 2 Length: circular 5 kilometres Starting point: Smigies picnic site, 2,5 km from Neo Chorio, within the Akamas region. Beautiful views of the Akamas peninsula. Meets along the Adonis trail. Duration: 2 hours Date of walk: From Pafos and Lemesos: Sunday 18 March and Wednesday 21 March 2018

## Lefkosia District

## "Fikardou – Archontides restaurant" trail

Degree of difficulty: 2 Length: linear 5 kilometers Starting point: Church of Fikardou village. Follows the ridge, offering a magnificent view of the surrounding area and of Lefkosia. Duration: 2,5 hours Date of walk: From Lefkosia and Larnaka: Wednesday 28 March and Sunday 15 April 2018





