



East coastline of the Akamas peninsula – Photo: Alekos Nikolaou

Cyprus is a paradise for those who love nature and walking. The Cyprus Tourism Organisation and the Forestry Department are organising the Walking Festival 2016 and invite you to explore the nature trails of Cyprus.

From the enchanting coastline to the pine clad mountain peaks, these walking excursions will delight you. The beautiful nature of Cyprus in spring will revitalise and relax you.

The guides who will accompany the participants will help you become (re)acquainted with the island's rich flora and fauna and its unique geology.

Wear comfortable footwear suitable for walking on rough terrain and enjoy this unique experience.

Because the degree of difficulty of the “Smigies and Adonis”, “Kalidonia and Daphni – Zaraes – Mazokambos”, “Lefkara – Kato Drys and Choirikoitia” and “Doxa si o Theos – Madari Fire Lookout Station – Selladi tou Karamanli” trails is 3, walkers must be in good health and physically fit.

PAFOS (PAPHOS) DISTRICT: AKAMAS

“Petra tou Romiou” nature trail
Part of the Aphrodite Cultural Route
Degree of difficulty: 1
Length: linear 7.1 kilometres
Starting point: CTO kiosk near Petra tou Romiou. Ends near the bridge on Ha-Potami River
Duration: 2.5 hours
Date of walk: 19 & 20 March, 2016

Combination of two trails on a linear route:
“Smigies” and “Adonis”
Degree of difficulty: 2 and 3
Length: linear 6.5 kilometres
Starting point: Smigies picnic site, 2.5 kilometres from Neo Chorio within Akamas. Ends on the main Polis Chrysochous – Baths of Aphrodite road, approximately 400 metres from the Baths.
Duration: 3.5 hours
Date of walk: 26 & 27 March, 2016

LEFKOSIA (NICOSIA) DISTRICT:

“Asinou – Agios Theodoros” nature trail
Degree of difficulty: 2
Length: linear 5.6 kilometres
Starting point: Church of Panagia tis Asinou (“UNESCO”). Ends at the village of Agios Theodoros.
Duration: 2.5 hours
Date of walk: 26 & 27 March, 2016

“Xyliatos Dam” nature trail
Degree of difficulty: 2
Length: circular 3.8 kilometres
Starting point: Xyliatos Dam, approximately 2 kilometres south of Xyliatos village.
Duration: 2 hours
Date of walk: 2 & 3 April, 2016

AMMOCHOSTOS (FAMAGUSTA) DISTRICT – CAPE GKREKO:

Combination of two nature trails with a linear route:
“Sea Caves – Agioi Anargyroi – Konnoi”
Degree of difficulty: 1
Length: linear 5.4 kilometres
Starting point: Sea Caves. Ends at Konnoi Beach.
Duration: 2.5 hours
Date of walk: 19 & 20 March, 2016

“Sea cave – Palatia” trail
Degree of difficulty: 1
Length: linear 4 kilometres
Starting point: The location of “Sea cave” close to Sungarden Beach Hotel in Agia Napa. The trail follows a part of the European long distance trail E4, parallel to the southeastern coast. Ends at the “Palatia” location.
Duration: 1.5 hours
Date of walk: 26 & 27 March, 2016



“Medicago marina” – Photo: Alekos Nikolaou

LEMESOS (LIMASSOL) DISTRICT:

“Vasa Kilaniou” nature trail
Degree of difficulty: 2
Length: circular 3.9 kilometres
Starting point: Agios Georgios chapel. Ends at Agios Georgios chapel via the Zivania Museum and the village square.
Duration: 1.5 hours
Date of walk: 16 & 17 April, 2016

LARNAKA DISTRICT:

“Larnaka Salt Lake” nature trail –
Part of the Aphrodite Cultural Route
Degree of difficulty: 1
Length: linear 4 kilometres
Starting point: Three kilometres south of the town centre, next to the main road to the airport, near the traffic lights towards the Mackenzie area. Ends at the “Kamares” Aqueduct.
Duration: 1.5 hours
Date of walk: 26 & 27 March, 2016

“Lefkara – Kato Drys and Choirikoitia” nature trails
Degree of difficulty: 3 (steep downhill route) and 2
Length: “Lefkara – Kato Drys” trail: **linear** 2.5 kilometres
Length: “Choirikoitia” trail: **linear** 2 kilometres
Starting point for “Lefkara – Kato Drys” trail: In the village of Pano Lefkara, near the main entrance towards the centre of the village on the left-hand side of the road to Vavatsinia. Ends in the village of Kato Drys.
Starting point for “Choirikoitia” trail: Near the bend towards Choirikoitia village on the main Lefkosia (Nicosia) – Lemesos road, next to the archaeological site (“UNESCO”). Ends in the centre of Choirikoitia village.
Duration: 1 hour and 45 minutes
Date of walk: 9 & 10 April, 2016
Note: The bus ride from the end of the “Lefkara – Kato Drys” trail to the starting point of the “Choirikoitia” trail is approximately 20 minutes.



Wild poppy “Papaver rhoeas” – Photo: Lygia Dermatis



Wild quince "Cotoneaster nummularius" – Photo: Alekos Nikolaou

TROODOS MOUNTAINS:

“Kalidonia and Daphni – Zaraes – Mazokambos” nature trails

Degree of difficulty of both trails: 3 (steep downhill route)

Length of “Kalidonia” trail: **linear** 3 kilometres

Length of “Daphni – Zaraes – Mazokambos” trail: **linear** 3.5 kilometres

Starting point for “Kalidonia” trail: At a distance of 3 kilometres from the square. Ends at Psilodentro location, above the village of Pano Platres.

Starting point for “Daphni – Zaraes – Mazokambos” trail: Mazokambos location, near the Moniatis – Platres road. Ends at the village of Moniatis.

Duration: 3.5 hours

Date of walk: **7 & 8 May, 2016**

Note: Bus transfer from the end of “Kalidonia” trail to the starting point of “Daphni - Zaraes - Mazokambos” trail.

Combination of 2 nature trails on a linear route:

“Prodomos – Zoumi – Stavroulia” (Short route)

Degree of difficulty: 2

Length: **linear** 5.5 kilometres

Starting point: Children’s play area near Prodomos roundabout. Ends on the Prodomos – Kakopetria road.

Duration: 3 hours

Date of walk: **14 & 15 May, 2016**

Combination of 2 nature trails on a linear route:

“Doxa si o Theos – Madari Fire Lookout Station– Selladi tou Karamanli”

Difficulty: 3 (steep uphill and downhill route)

Length: **linear** 7.3 kilometres

Starting point: At Doxa si o Theos location, at a distance of 2 kilometres from Kyperounta and 5 kilometres from Spilia, on the Kyperounta – Spilia asphalt road. Ends on the Spilia – Saranti dirt track, 1 kilometre west of the village Saranti.

Duration: 3.5 hours

Date of walk: **21 & 22 May, 2016**

“Kato Amiantos – Loumata ton Aeton” nature trail.

Reverse route going up. Return following the roads in the village towards the SEK camping site

Degree of difficulty: 2

Total length: **circular** 5 kilometres

Starting point: 300 metres northwest from Kato Amiantos Park, parallel to the river.

Duration: 2.5 hours

Date of walk: **28 & 29 May, 2016**



Photo: Lygia Dermatis

EXPLANATIONS

Circular: a circular route, where the walker ends up at the starting point.

Linear: a linear route, meaning that on reaching the end, the walker must return on the same route.

Degree of difficulty: scale from 1 (the easiest) to 3 (the most difficult)

Degree of difficulty: 1
Easy path, with a gentle gradient. Suitable for all ages and for all levels of physical fitness.

Degree of difficulty: 2
Moderate degree of difficulty, suitable for adults with a moderate to good state of physical fitness. Sudden change in gradient (uphill and/or downhill) and/or course on narrow or rough terrain.

Degree of difficulty: 3
Path of high degree of difficulty because of route with difficult terrain, such as particularly sudden changes in gradient (uphill and/or downhill), course on very rough and/or slippery and/or steep terrain

Useful advice:
Wear a hat, sunglasses and sun-screen.
Excursions do not include meals, so make arrangements for water and food.
Respect the natural environment.

Reservations and Bus Transfers

Reservations are obligatory. One bus will be made available for each excursion, and places will be reserved strictly on a first come first served basis.

Minimum number of participants per trail: 10 persons.
Maximum numbers: 30 persons.

Pafos (Paphos) District – Akamas

Meeting point: CTO Information Office, Kato Pafos
Meeting time: 9.00 am
Reservations: Tel 26 930521

Lefkosia (Nicosia) District

Meeting point: Cyprus Handicrafts Centre (Athalassas Avenue)
Meeting time: 9.00 am
Reservations: Tel 25 362756

Ammochostos (Famagusta) District – Cape Gkreko

Meeting point: CTO Information Office, Agia Napa
Meeting time: 9.00 am
Reservations: Tel 23 721796

Larnaka District

Meeting point: CTO Information Office, Larnaka
Meeting time: 9.00 am
Reservations: 24 654322

Lemesos (Limassol) District

Meeting point: CTO Information Office Germasogeia
Meeting time: 9.00 am
Reservations: 25 323211

Troodos Mountains

Meeting point: CTO Information Office Germasogeia
Meeting time: 9.00 am
Reservations: 25 323211



CYPRUS TOURISM ORGANISATION

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CYPRUS FORESTRY DEPARTMENT

www.moa.gov.cy/forest

Photographs:
Lygia Dermatis and
Alekos Nikolaou

Cover Page Photo:
Bumble bee feeding on
barberry flower,
“Berberis cretica” –
Photo: Alekos Nikolaou

The CTO retains
the right to change
and/or cancel the walks



WALKING FESTIVAL 2016

19 March - 29 May 2016

