Cyprus is a paradise for those who love nature and walking. The Cyprus Tourism Organisation and the Forestry Department are organising the Walking Festival 2016 and invite you to explore the nature trails of Cyprus. From the enchanting coastline to the pine clad mountain peaks, these walking excursions will delight you. The beautiful nature of Cyprus in spring will revitalise and relax you.

The guides who will accompany the participants will help you become (re)acquainted with the island’s rich flora and fauna and its unique geology.

Wear comfortable footwear suitable for walking on rough terrain and enjoy this unique experience.

**PAFOS (PAPHOS) DISTRICT: AKAMAS**

"Petra tou Romiou" nature trail
Part of the Aphrodite Cultural Route
Degree of difficulty: 1
Length: linear 7.1 kilometres
Starting point: CTO kiosk near Petra tou Remiou.
Ends near the bridge on Ha-Potami River
Duration: 2.5 hours
Date of walk: 19 & 20 March, 2016

Combination of two trails on a linear route: "Smigies" and "Adonis"
Degree of difficulty: 2 and 3
Length: linear 6.5 kilometres
Starting point: Smigies picnic site, 2.5 kilometres from Neo Chorio within Akamas. Ends on the main Polis Chrysochous – Bathys of Aphrodite road, approximately 400 metres from the Bathys.
Duration: 2.5 hours
Date of walk: 26 & 27 March, 2016

**LEFKOSIA (NICOSIA) DISTRICT:**

"Asinou – Agios Theodoros" nature trail
Degree of difficulty: 2
Length: linear 5.6 kilometres
Starting point: Church of Panagia tis Asinou ("UNESCO").
Ends at the village of Agios Theodoros.
Duration: 2.5 hours
Date of walk: 26 & 27 March, 2016

"Xyliatos Dam" nature trail
Degree of difficulty: 2
Length: circular 3.8 kilometres
Starting point: Xyliatos Dam, approximately 2 kilometres south of Xyliatos village.
Duration: 2 hours
Date of walk: 2 & 3 April, 2016

**AMMOCHOSTOS (FAMAGUSTA) DISTRICT – CAPE GIREKO:**

Combination of two nature trails with a linear route: "Sea Caves – Agios Anargyroi – Konnoi"
Degree of difficulty: 1
Length: linear 5.4 kilometres
Starting point: Sea Caves. Ends at Konnoi Beach.
Duration: 2.5 hours
Date of walk: 19 & 20 March, 2016

"Sea cave – Palatia" trail
Degree of difficulty: Length: linear 4 kilometres
Starting point: The location of “Sea cave” close to Sungarden Beach Hotel in Agia Napa. The trail follows a part of the European long distance trail E4, parallel to the southeastern coast. Ends at the “Palatia” location.
Duration: 1.5 hours
Date of walk: 26 & 27 March, 2016

**LEMESOS (LIMASSOL) DISTRICT:**

"Larnaka Salt Lake" nature trail – Part of the Aphrodite Cultural Route
Degree of difficulty: 1
Length: linear 4 kilometres
Starting point: Three kilometres south of the town centre, next to the main road to the airport, near the traffic lights towards the Mackenzie area. Ends at the “Kamaries” Aqueduct.
Duration: 1.5 hours
Date of walk: 26 & 27 March, 2016

"Lefkara – Kato Drys and Choirokoitia" nature trails
Degree of difficulty: 3 (steep downhill route) and 2
Length: "Lefkara – Kato Drys" trail: linear 2.5 kilometres
Length: "Choirokoitia" trail: linear 2 kilometres
Starting point for "Lefkara – Kato Drys" trail": in the village of Pano Lefkara, near the main entrance towards the centre of the village on the left-hand side of the road to Vavatsinia.
Ends in the village of Kato Drys.
Starting point for "Choirokoitia" trail: Near the bend towards Choirokoitia from the main Lefkosa (Nicosia) – Lemesos road, next to the archaeological site ("UNESCO"). Ends in the centre of Choirokoitia village.
Duration: 1 hour and 45 minutes
Date of walk: 9 & 10 April, 2016

**AMMOCHOSTOS (FAMAGUSTA) DISTRICT – CAPE GIREKO:**

ote: The bus ride from the end of the "Lefkara – Kato Drys" trail to the starting point of the "Choirokoitia" trail is approximately 20 minutes.

**LEMESOS (LIMASSOL) DISTRICT:**

"Vasa Kilaniou" nature trail
Degree of difficulty: 2
Length: linear 3.9 kilometres
Starting point: Agios Georgios chapel. Ends at Agios Georgios chapel via the Zivania Museum and the village square.
Duration: 1.5 hours
Date of walk: 16 & 17 April, 2016
Combination of 2 nature trails on a linear route: “Doxa si o Theos – Madari Fire Lookout Station– Selladi tou Karamanli”

Difficulty: 3 (steep uphill and downhill route)
Length: linear 7.3 kilometres
Starting point: At Doxa si o Theos location, at a distance of 2 kilometres from Kyperounta and 5 kilometres from Spilia, on the Kyperounta – Spilia asphalt road. Ends on the Spilia – Saranti dirt track, 1 kilometre west of the village Saranti.
Duration: 3.5 hours
Date of walk: 21 & 22 May, 2016

“Kato Amiantos – Loumata ton Aeton” nature trail.
Reverse route going up. Return following the roads in the village towards the SEK camping site
Degree of difficulty: 2
Total length: circular 5 kilometres
Starting point: 300 metres northwest from Kato Amiantos Park, parallel to the river.
Duration: 2.5 hours
Date of walk: 28 & 29 May, 2016

EXPLANATIONS
Circular: a circular route, where the walker ends up at the starting point.
Linear: a linear route, meaning that on reaching the end, the walker must return on the same route.
Degree of difficulty: scale from 1 (the easiest) to 3 (the most difficult)
Degree of difficulty: 1
Easy path, with a gentle gradient. Suitable for all ages and for all levels of physical fitness.
Degree of difficulty: 2
Moderate degree of difficulty, suitable for adults with a moderate to good state of physical fitness. Sudden change in gradient (uphill and/or downhill) and/or course on narrow or rough terrain.
Degree of difficulty: 3
Path of high degree of difficulty because of route with difficult terrain, such as particularly sudden changes in gradient (uphill and/or downhill), course on very rough and/or slippery and/or steep terrain
Useful advice: Wear a hat, sunglasses and sun-screen.
Excursions do not include meals, so make arrangements for water and food.
Respect the natural environment.

Reservations and Bus Transfers
Reservations are obligatory.
One bus will be made available for each excursion, and places will be reserved strictly on a first come first served basis.
Minimum number of participants per trail: 10 persons.
Maximum numbers: 30 persons.

Pafos (Paphos) District – Akamas
Meeting point: CTO Information Office, Kato Pafos
Meeting time: 9.00 am
Reservations: Tel 26 930521

Lefkosia (Nicosia) District
Meeting point: Cyprus Handicrafts Centre (Athalassas Avenue)
Meeting time: 9.00 am
Reservations: Tel 25 362756

Ammochostos (Famagusta) District – Cape Greko
Meeting point: CTO Information Office, Agia Napa
Meeting time: 9.00 am
Reservations: Tel 23 721796

Larnaka District
Meeting point: CTO Information Office, Larnaka
Meeting time: 9.00 am
Reservations: 24 654322

Lemesos (Limassol) District
Meeting point: CTO Information Office Germasogeia
Meeting time: 9.00 am
Reservations: 25 323211

Troodos Mountains
Meeting point: CTO Information Office Germasogeia
Meeting time: 9.00 am
Reservations: 25 323211

Photographs: Lygia Dermatis and Alekos Nikolaou

WALKINGFESTIVAL 2016
19 March - 29 May 2016