

# A Sea of Green and the Coast

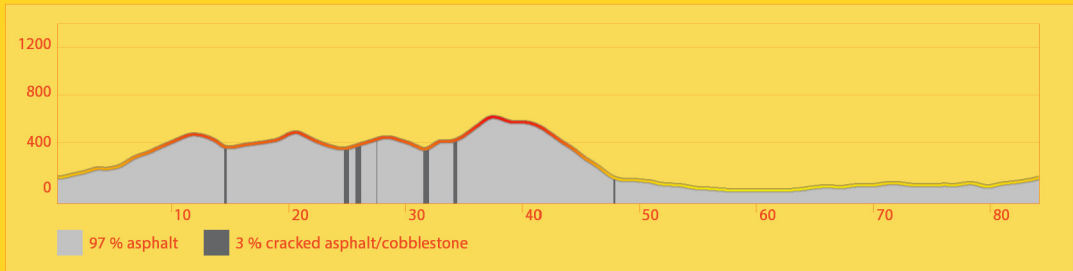
Tochni – Choirokoitia – Ora – Eptagoneia – Arakapas – Yermasoyia – Amathus – Governor's Beach – Tochni

This intense tour heads first for the mountains of Lageia, Ora and Eptagoneia – a scenic landscape covered in trees of different varieties – a sea of various shades of green. Relax on the long stretch towards Arakapas before this route heads up to its highest point of almost 700 mamsl. A steep descent takes you all the way down to Germasogeia dam, where the landscape finally opens up to the sea. Take a ride along the sea and pass the ruins of ancient Amanthus before you return to Tochni through the hilly costal hinterland.

## Advanced Roadcycling

Distance 83.9 km  
Elevation Gain 1,779 m  
Highest Point 691 mamsl

Endurance  
Skills  
Landscape



Roadbook		km	necessary	GPS	highly recommended	⚠	occasional humps, steep descents, traffic in town
km	direction					km	direction
0.00	 Start at the church in the centre of Tochni and follow Stavrou for 2.65 km heading towards Choirokoitia.					53.84	 Turn right onto Potamias and proceed for 2.19 km.
2.65	 Turn left onto Archbishop Makariou III Street towards Choirokoitia, Vavla, Ora and proceed for 10.44 km.					56.03	 Turn right onto Profitilia.
13.10	 Go straight onto E112 towards Layia, Ora, Melini and proceed for 7.64 km.					56.60	 Turn left onto Georgiou Ave (B1).
20.74	 Turn left onto F114 towards Ora.					58.15	 Turn right towards beach promenade and proceed for 2.50 km.
21.12	 Turn left onto F114 towards Akapnou and proceed for 6.02 km.					60.65	 Turn right onto B1 towards Amathus, Larnaka and proceed for 13.34 km.
27.14	 Turn right onto E109 towards Melini, Ora, Odou.					73.99	 Go straight towards Lefkosia.
27.27	 Keep left onto F112 towards Arakapas, Panagia Iamitiki Church.					74.11	 Keep left pass the dead-end street sign and proceed for 2.47 km.
27.68	 Turn right towards Melini, Arakapas.					76.58	 Go straight parallel to the motorway.
27.74	 Keep left onto F129 towards Arakapas, Kalo Chorio.					77.76	 Turn right.
33.69	 Turn left onto F128 towards Akrounta, Yermasoyia.					78.05	 Turn left onto B1 towards Zygi, Lefkosia.
53.53	 Turn left at the bus stop.					80.27	 Go straight onto B1 towards Larnaka, Lefkosia, Kalavastos.
53.54	 Turn right at the wooden sign "Kebab, Meze".					80.90	 Keep right onto B1 towards Tochni, Choirokoitia.
53.62	 Turn left onto Nikonos St.					81.72	 Keep left onto F116 towards Tochni.
53.71	 Turn slightly right.					83.94	 Return to the church in the centre of Tochni.

