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Pissouromoutti



Length: 3km, ⌚: 2 hrs
Difficulty: 2 (upward and downward gradients around the hill)

Starting point: Smigies picnic site.

Points of interest: Panoramic hilltop views towards the southwest and northeastern coasts • Partly shaded walk-through pine forest

* Trail network : Smigies trail.

📍 : Neo Chorio village
🚶: Smigies

Akamas

Aphroditi



Length: 7,5km, ⌚: 3,5 hrs **Difficulty:** 3

Starting point: Loutra tis Afroditis (Baths of Aphrodite).

Points of interest: Baths of Aphrodite • Pyrgos tis Rigainas (Queen's Tower) • 500-year-old Oak Tree • Scenic Views of Cape Arnaoutis, Polis Chrysochous, and Pafos Forest • Botanical Gardens (at the starting point)

*Trail network: Adonis trail

📍 : At Loutra tis Afroditis (Baths of Aphrodite).

Adonis



Length: 7,5km, ⌚: 3,5 hrs **Difficulty:** 3

Starting point: Loutra tis Afroditis (Baths of Aphrodite).

Points of interest: Panoramic views of Polis Chrysochous, Pafos forest & Akamas peninsula • Pyrgos tis Rigainas (Queen's Tower) • Kefalovryssia fountain • Botanical Gardens (at the starting point)

*Final 400m follows the main road to the Baths of Afrodite

** Trail network: Aphrodite and Smigies trails.

📍 : At Loutra tis Afroditis (Baths of Aphrodite).

Smigies



Length: a) Short route: 2.5km, (b) Long route: 6km, ⌚: (a) 1 hr, (b) 2 hrs

Difficulty: 2

Starting point: Smigies picnic site, 2.5km from Neo Chorio, within the Akamas region.

Points of interest: Views of the coastline Lara Bay (west) & Chrysochou Bay (east) and the Pafos forest • Old mines, abandoned kilns and a dense section of the Akamas forest (long route) • "Piana Ridge" fire lookout station

* Trail network: Adonis and Pissouromoutti trails.

📍 : Neo Chorio village

🚶: Smigies

Konnoi - Cyclops Cave



Length: 1,7km, ⌚: 45 minutes **Difficulty:** 1

Starting point: Konnos bay parking area.

Points of interest: Rugged coastal trail through shrubby terrain and beach section • Cyclops' Cave • Panoramic views of Konnos Bay & Agioi Anargyroi Church

* Trail network: Konnoi - Agioi Anargyroi trail.

📍 : Konnos Bay

Aphroditi



Length: 2km, ⌚: 1 hr **Difficulty:** 1

Starting point: Kavο Gkreko National Forest Park Visitor's Centre parking site.

Points of interest: Kavο Gkreko National Forest Park Visitor's Centre • Natural caves with old drystone walls that were used by shepherds as animal pens • Panoramic view towards the tip of Kavο Gkreko peninsula • Wild orchids in the winter/spring • Kamara tou Koraka natural stone arch

* Trail network: Konnoi - Agioi Anargyroi and Sea Caves - Agioi Anargyroi trails.

📍 : Kavο Gkreko National Forest Park Visitor Centre



Kavο Gkreko (Cape Greco)

Konnoi - Agioi Anargyroi



Length: 4,8km, ⌚: 2 hrs **Difficulty:** 1

Starting points: (a) Konnos Bay, between Protaras and Kavο Gkreko.

(b) Agioi Anargyroi church, accessible from the Protaras-Kavο Gkreko main road, close to the Cape.

(c) Kavο Gkreko National Forest Park Visitor's Centre parking site.

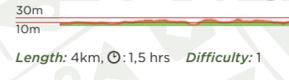
Points of interest: Kavο Gkreko National Forest Visitor's Centre • Stunning views of Konnos Bay • Wild orchids in the winter/spring • Agioi Anargyroi Church & sea cave • Kamara tou Koraka natural stone arch

*Trail network: Sea Caves - Agioi Anargyroi, Aphrodite and Konnoi - Cyclops Cave trails.

📍 : Kavο Gkreko National Forest Park Visitor's Centre, Konnos Bay

🚶: Agioi Anargyroi

Sea Caves - Agioi Anargyroi



Length: 4km, ⌚: 1,5 hrs **Difficulty:** 1

Starting points: (a) the Sea Caves,

(b) Agioi Anargyroi Church.

Points of interest: Coastal route through rocky terrain & low shrubs • Agia Napa sea caves • Wild orchids in the winter/spring • Kamara tou Koraka natural arch • Agioi Anargyroi Church & sea cave, where it is believed that saints (known as Agioi Anargyroi) lived as ascetics

* Trail network: Konnoi - Agioi Anargyroi and Aphrodite trails.

📍 : Kavο Gkreko National Forest Park Visitor's Centre

🚶: Agioi Anargyroi

Psilo Dentro - Pouziaris



Length: 9km, ⌚: 3 - 4 hr **Difficulty:** 3 (very challenging due to steep uphill and downhill areas)

Starting point: The crossing point of the forest earth road Platres - Mesa Potamos with Moniatas - Platres - Troodos Road (B8), near Psilo Dentro location.

Points of interest: Dense clusters of Calabrian & black pine forests • Panoramic views towards the south coast

* Trail network: Kalidonia (Caledonia) trail, close to Psilo Dentro location.

📍 : Platres village, Troodos square

Millomeris Waterfall



Length: 1,2km, ⌚: 0,5 hr **Difficulty:** 3

Starting point: Between Faneromeni church at Pano Platres and the center of the village, closer to the church.

Points of interest: Millomeris waterfall • Lush vegetation in the part along Kryos Potamos River • Open mountain with scrub & macchia plants and panoramic views to the south

📍 : Pano Platres village

Atalanti



Length: 14km, ⌚: 4-5 hr **Difficulty:** 2

Starting point: Troodos Square.

Points of interest: Atalanti is a Troodos Geopark Geotrail • The route goes around Mount Olympos (1,700-1,750m) • Black pine forest • 800-year-old foetid juniper tree • Panoramic views • Entrance to chrome mine tunnel (inactive since 1982)

*Trail crosses Troodos-Prodromos Road (E910) after 9km - dirt road for 200m to continue to the trail

**Trail network: The trail can be combined with the Artemis trail.

📍 : Troodos square

Artemis



Length: 7km, ⌚: 2,5-3 hr **Difficulty:** 1

Starting point: On the Chionistra road (F935), 300m from the Troodos - Prodromos Road (E910).

Points of interest: Artemis is a Troodos Geopark Geotrail • Follows a parallel route with the Atalanti trail (100m above) • Circles Mount Olympos with panoramic views • Highest trail in Cyprus (1,850m) • Two 500 years old black pine trees • Ruins of makeshift Venetian-era fortifications (1571 AD) • Trail network: The trail can be combined with the Atalanti trail.

📍 : Troodos square



Kampos tou Livadiou



Length: 3km, ⌚: 1,5 hr **Difficulty:** 2

Starting point: Kampos tou Livadiou picnic site, along the Troodos-Karvounas road B9.

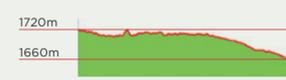
Points of interest: Forest trail through thickets of black pine & foetid juniper • Views over Solea Valley • Kampos tou Livadiou picnic site

* Trail network: Livadi and Mnimata ton Piskopon trails.

📍 : Troodos square

🚶: Kampos tou Livadiou

Persephoni



Length: 3km, ⌚: 1 hr **Difficulty:** 1

Starting point: 150m south of Troodos Square, in the direction of the police station.

Points of interest: First 2km through dense black pine forest • Stunning panoramic views to the south and southwest

📍 : Troodos square

Prodromos dam - Stavroulia



Length: (a) 4,5km, (b) 5,5km, ⌚: 1,5 - 2 hrs **Difficulty:** 3 (very steep downhill)

Starting point: Troodos Square Prodromos road (E910), just above the Prodromos Dam, at an 8km distance from Troodos Square and a 3km distance from Prodromos. There are two options for the finishing point, both on the Prodromos - Agios Nikolaos road.

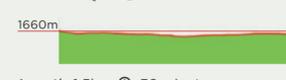
Points of interest: Panoramic views of Morfou Bay & Troodos Mountains • Abandoned chrome mining tunnels • Passes through dense black pine forest • Prodromos Dam with picnic site • Marathos picnic site

* Optional circular route via E910 (+2.7km)

📍 : Prodromos village

🚶: Prodromos Dam, Marathos

Livadi



Length: 1,5km, ⌚: 30 minutes

Difficulty: 1, ♿

Starting point: On the narrow-asphalted road that leads to Kampos tou Livadiou picnic site, off the Troodos-Karvounas road B9.

Points of interest: Black pine and foetid juniper forest • Viewpoint over Solea Valley • Kampos tou Livadiou picnic site

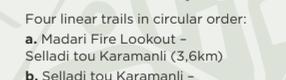
* Trail network: Kampos tou Livadiou and Mnimata ton Piskopon trails.

** To complete the loop turn back at the viewpoint and follow the same route for about 100m, then turn right, as indicated by the sign.

📍 : Troodos square

🚶: Kampos tou Livadiou

Madari nature trail



Length: 13km, ⌚: 5,5 hr **Difficulty:** 3

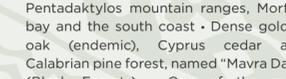
Starting / ending point: Doxa soi o Theos, or any other starting point of the four linear trails.

Points of interest: Magnificent panoramic 360o views to Troodos and Pentadaktylos mountain ranges, Morfou bay and the south coast • Dense golden oak (endemic), Cyprus cedar and Calabrian pine forest, named "Mavra Dasi" (Black Forests) • One of the most undisturbed, natural forests of the island • Adelfi peak (1,613m) • Part of E4 European long-distance trail (trails c & d)

* Madari trails network: Teisia tis Madaris and Selladi tou Karamanli - Kannavia trails.

📍 : Chandria, Polystipos, Saranti, Spilia, Kyperounta villages

Mnimata ton Piskopon



Length: 8km, ⌚: 3 hr **Difficulty:** 3 (level path at the beginning and downhill for the rest of the trail)

Starting point: Kampos tou Livadiou picnic site along the Troodos-Karvounas road B9.

Points of interest: Cliffside trail through black pine forest • Views of Solea Valley, Morfou Bay and Chionistra peak • Agios Nikolaos tis Stegis Church (UNESCO site) • Kampos tou Livadiou picnic site

* Trail network: Kampos tou Livadiou and Livadi trails.

📍 : Troodos square, Kakopetria village

🚶: Kampos tou Livadiou

Kannoures - Agios Nikolaos tis Stegis



Length: 9,5km (12,5km down to Kakopetria), ⌚: 4hrs downhill (5hrs down to Kakopetria) **Difficulty:** 3

Starting point: Along the Karvounas Troodos Square Road (B9), 1km before Troodos square, 9,5km from Karvounas. The trail can either end at the Agios Nikolaos tis Stegis Church or continue to Kakopetria Village.

Points of interest: Karkotis River natural water spring • Follows route near abandoned chrome mine • Agios Nikolaos tis Stegis Church (UNESCO site)

* Option to descend to Kakopetria via asphalt road at Agios Nikolaos tis Stegis.

📍 : Troodos square, Kakopetria village

🚶: Kampos tou Livadiou

Loumata ton Aeton



Length: 2,5km, ⌚: 1 hr **Difficulty:** 2

Starting point: West of Kato Amiantos village, towards S.E.K. holiday village.

Points of interest: Hillside & riverbank trail with lush vegetation • Restored EOKA resistance fighters hideout • Passes from Loumata ton Aeton water stream (locality)

* Option for circular route via asphalt road to S.E.K. holiday village

📍 : Kato Amiantos village

Points of interest: Dense golden oak (endemic) and Calabrian pine forest • Panoramic views of Kannavia and Agia Eirini villages

* Final 1.5km follows a dirt road, then asphalt road to Kannavia village

** Madari trails network

📍 : Saranti, Kannavia villages

Panagia tou Araka - Stavros tou Agiasmati



Length: 7km, ⌚: 3 hr **Difficulty:** 3

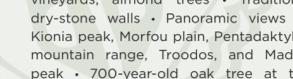
Starting points: (a) Panagia tou Araka church, Lagoudera village

(b) Stavros tou Agiasmati church

Points of interest: Connects two UNESCO World Heritage Sites (Panagia tou Araka-1,192 AD and Stavros tou Agiasmati-1,494 AD) • Pine Forest, vineyards, almond trees • Traditional dry-stone walls • Panoramic views of Kionia peak, Morfou plain, Pentadaktylos mountain range, Troodos, and Madari peak • 700-year-old oak tree at the entrance of Panagia tou Araka church • Lagoudera village

📍 : Lagoudera village

Agia Eirini - Limeria



Length: 5km, ⌚: 2,5 hr **Difficulty:** 3 (steep uphill route)

Starting point: Agia Eirini village.

Points of interest: Limeria, hideouts from the 1955-1959 anti-colonial struggle • Calabrian pine forest • Scenic viewpoints over Morfou Bay

📍 : Agia Eirini village

🚶: Kapouras

Teisia tis Madaris



Length: 3,5km, ⌚: 1,5 hr **Difficulty:** 3

Starting / ending point: Below the Madari fire lookout station. Access by vehicle from the Chantria - Polystipos road.

Points of interest: Teisia tis Madaris is a Troodos Geopark Geotrail • Impressive cliffs • Sites of geological interest • Stunning views of Mesaoria Plain and Morfou Bay • Madari fire lookout tower at the highest point of Adelfoi mountain (1,613m)

* Madari trails network

📍 : Chandria, Polystipos, Saranti, Spilia, Kyperounta villages

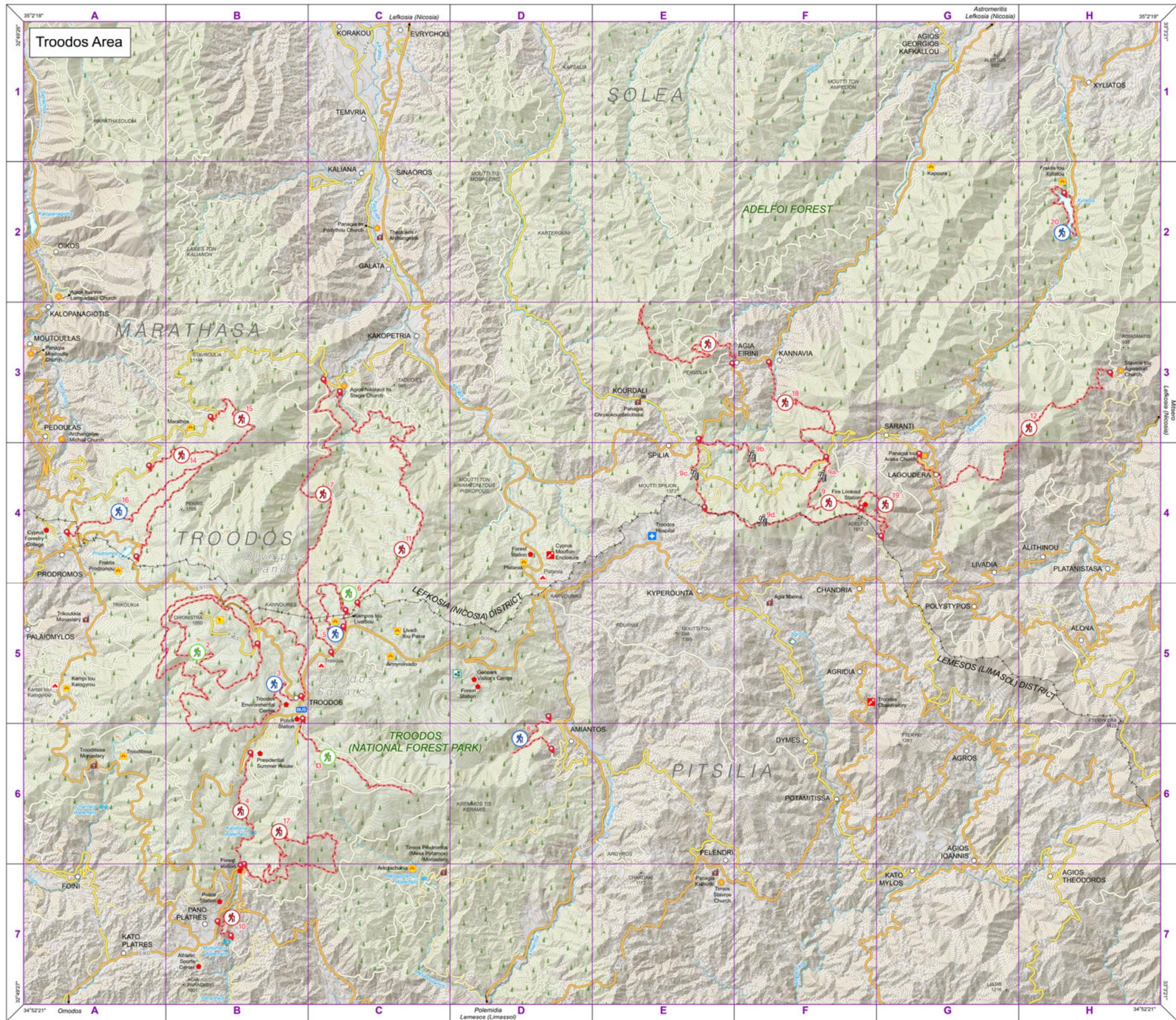
Selladi tou Karamanli - Kannavia



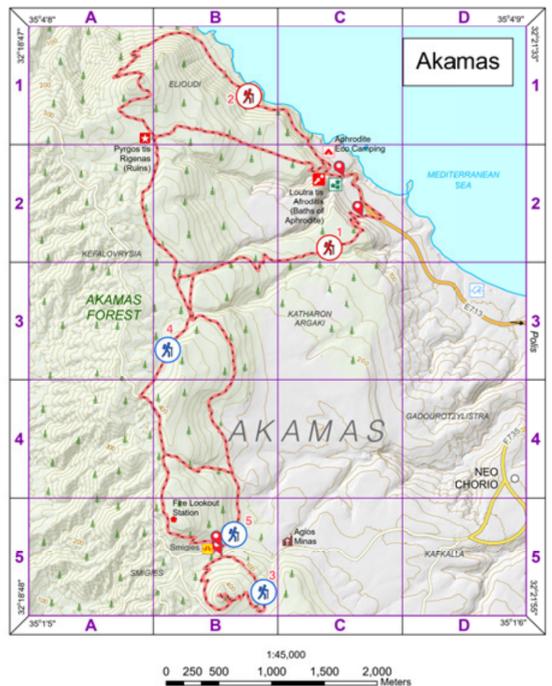
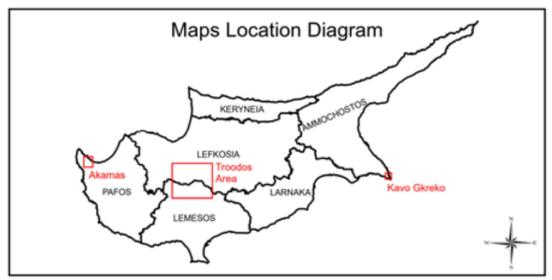
Length: 4,8km, ⌚: 2,5 hr **Difficulty:** 3

Starting point: Selladi tou Karamanli location on the Saranti - Spilia road. The trail ends in the village of Kannavia.





NATURE TRAILS MAP



REFERENCE

	District Boundary		Church/Monastery
	Main		Unesco Site
	Secondary		Hospital
	Minor		Important Building
	Loose Surface		Places of Interest
	Cycle Path		Trail Starting Point
	River		Bus
	Easy Trail		Ski Facilities
	Average Trail		Picnic Site
	Difficult Trail		Camping Site
	Part of Trail		Botanical Garden
	Community Name		Sea Sports
	Settlement		Public Beach
	Locality Name		Trigonometrical Station (Height in metres)
	Sea Names		Dam

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Troodos Area Trails

Numbering	Grid	Name	Roude Length	Duration	Type
1	E3, F3	Agia Eirini - Limeria	5 km	2.5 hrs	Linear
2	B5	Artemis	7km	2.5-3 hrs	Circular
3	A5, B5, B6	Atalanti	14km	4.5 hrs	Circular
4	B6, B7	Kalidonia (Caledonia)	3 km	1.5 hrs	Linear
5	C5	Kampos tou Livadiou	3 km	1.5 hrs	Circular
6	C5	Livadi (wheelchairs)	1.5 km	30 minutes	Circular
7	B4, B5, C3, C4, C5	Kamnoures - Agios Nikolaos tis Stegias	9.5 km	4 hrs	Linear
8	D5, D6	Kato Amiantos - Loumata ton Aeston	2.5 km	1 hr	Linear
9	E3, E4, F4	Madari	13 km	5.5 hrs	Circular
9a.	F4	Madari (Selladi tou Karamanli - Madari Lookout Station)	3.6 km		
9b.	E3, E4, F4	Madari (Selladi tou Karamanli - Moutti tis Choras)	3.8 km		
9c.	E3, E4	Madari (Moutti tis Choras - Dosa Si o Theos)	1.8 km		
9d.	E4, F4	Madari (Dosa Si o Theos - Madari Lookout Station)	3.8 km		
10	B7	Milomeris Waterfall	1.2 km	30 minutes	Linear
11	C3, C4, C5	Mnimata ton Piskopon	8 km	3 hrs	Linear
12	G4, H3	Panagia tou Araka - Stavros tou Agiasmati	7 km	3 hrs	Linear
13	B5, B6, C6	Persifoni	3 km	1 hr	Linear
14	A4, B4	Prodromos Dam - Stavroulia	4.5 km	1.5 hrs	Linear
15	A4, B3, B4	Prodromos Dam - Stavroulia	5.5 km	2 hrs	Linear
16	A4, B4	Prodromos - Zoumi	3 km	1 - 1.5 hrs	Linear
17	B6, B7, C6, C7	Pala Dierito - Pousiazis	9 km	3 - 4 hrs	Circular
18	F3, F4	Selladi tou Karamanli - Kannavia	3 km	1.5 hrs	Linear
19	F4, G4	Teisia tis Madaris	3 km	1.5 hrs	Circular
20	H2	Xyliatos Dam	3.8 km	1-1.5 hrs	Circular

Akamas Trails

Numbering	Grid	Name	Roude Length	Duration	Type
1	A2, B1, B2, C2	Adonia	7.5 km	3.5 hrs	Circular
2	A1, B1, C1, C2	Afroditi	7.5 km	3.5 hrs	Circular
3	B5	Pissouroumouti	3 km	2 hrs	Circular
4	B3, B4, B5	Smigies	6 km	2 hrs	Circular
5	B4, B5	Smigies (short route)	2.5 km	1 hr	Circular

Kavogkreko Trails

Numbering	Grid	Name	Roude Length	Duration	Type
1	B3, B4, C3, C4	Afroditi	2 km	1 hr	Circular
2	B1, B2, B3, C2, C3	Konnol - Agioi Anargyroi	4.8 km	2 hrs	Circular
3	B1, C1	Konnol - Cyclops Cave	1.7 km	45 minutes	Circular
4	A3, A4, B4, C2, C3, C4	Sea Caves - Agioi Anargyroi	4 km	1.5 hrs	Linear

Prepared by Lands and Surveys Department, Ministry of Interior, Kypros 1992. Revised December 2024



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Notes on pronunciation: as in English 'g' as in English 'light', 'y' as in English 'you', 's' as in English 'see'

Tourist information provided by the Deputy Ministry of Tourism, December 2024. www.visitcyprus.com.cy



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